



## CAN YOU FEEL...?

Suits ages Birth – 26 months



### ***What you'll need:***

1. Cuddly toys.
2. A blanket or muslin.
3. Toys or object that your child is familiar with.

### ***What you'll do:***

1. When your baby is calm and playing go and join in with their play. Pick up an object near them and pose a question such as “can you feel how soft this is?”
2. Hand the chosen object (in this case a soft toy) to your child and allow them their turn. Continue to ask similar questions to deepen your child’s understanding of the question. They will follow your lead so it is important to cuddle the toy or touch the nose/tummy if that is relevant to the question.

This is a great activity for engaging in one to one play with your child and their favourite possessions. It gives your child the opportunity to mimic what you are showcasing but also may encourage them to try to form words and sounds. The more frequently they hear a word or sound the more likely they are to try to replicate it.

It is important to repeat the chosen few words without the need to add in lots of new ones. Once they have mastered a few they will be ready to try to say other words.