



## WATER PLAY

Suits ages 8 months - 60 months



### ***What you'll need:***

- Pots, jugs and buckets
- A water tray – this can be individual tubs if you don't have a tray
- Food colouring (optional)
- Sponges (optional)
- Bubbles/washing up liquid (optional)
- Floating and sinking resources

### ***What you do:***

1. Lay out some pots or buckets of filled water.
2. Add items that can float and sink.
3. Add bubbles.
4. Add food colouring and watch the water change colour.

This activity is perfect in allowing your child to develop their pouring and filling skills. Encouraging them to pour from one pot to another helps develop hand eye coordination, explores the concepts of 'more' and 'less' and asks questions such as 'what happens if the water spills?'

Older children they can measure the amount of water they have in jugs. Using items that float and sink, this helps their understanding of the world and mathematical concepts. Adding colour enables children to show an awareness of change. This can be extended into bubble play.

Adding sponges helps children to explore texture, as well as soaking up the water – what happens when the sponge is squeezed? All these questions develop children's thinking skills and their level of understanding of why things happen and how things work.