



PLAYDOUGH



Making your own playdough is a quick and easy process at home.

Children learn fine motor skills, increasing strength in their hands, develop creativity and enhance hand-eye coordination using simple tools.

You can involve your child in the process of making the playdough and teach basic maths when measuring out the ingredients.

INGREDIENTS

8 tbsp plain flour
2 tbsp table salt
60ml warm water
food colouring
1 tbsp vegetable oil

PROCESS

1. Mix the flour and salt in a large bowl. In a separate bowl mix together the water, a few drops of food colouring and the oil.
2. Pour the coloured water into the flour mix and bring together with a spoon.
3. Dust a work surface with a little flour and turn out the dough. Knead together for a few minutes to form a smooth, pliable dough. If you want a more intense colour you can work in a few extra drops of food colouring.
4. Store in a plastic sandwich bag (squeeze out the air) in the fridge to keep it fresh.