



KITCHEN ROLE PLAY

Suits ages 18 months - 60months



What you'll need:

- Saucepans
- Frying pan
- Spoons
- Whisks
- Weighing scales
- Tea towel
- Dish cloth
- Bowl of warm soapy water
- Rice and oats (if they can be spared – if not, mud works just fine)

What you do:

1. This works best on a hard floor. Use a low table/coffee table.
2. Help your child choose the items needed.
3. Use items of food such as rice and oats with a small jug of water.
4. Allow your child to scoop, pour, mix and stir as they make you a snack.
5. Washing up afterwards is just as important – supervise older children on a low stool by the sink, or bring in a bowl of warm soapy water.

This activity is perfect for developing social skills if children work with a partner/others, as well as introducing maths problems such as, 'is it full?' and 'do you have room for more?' Older children will need support with volume and capacity, and exploring new materials as they measure and weigh, but younger children will want to learn and perfect their emptying and filling skills.