



## BAKING RAINBOW CUPCAKES

Suitable for 16 - 60 months



### ***What you will need:***

- Mixing bowl
- Seven bowls
- Scales
- Spoons
- Baking tray
- Cupcake cases
- Self-Raising Flour
- Sugar
- Butter
- Eggs
- Milk
- Vanilla Extract
- Food Colouring – Red, Yellow, Pink, Green, Orange and Blue
- Oven

### ***What you do:***

1. Before you begin baking start by washing your hands and preheat your oven to 180 degrees Celsius.
2. Let your child place the cupcake cases in the tin, encourage your child to count with you as they place them on the tray.
3. Help your child to weigh the sugar and butter on the scales, transferring each ingredient into the mixing bowl after they are weighed. Mix the ingredients together until it is light and fluffy.



4. Crack the eggs into the mixing bowl, and start to beat, allow your child to beat the mixture for 1 minute as well.
5. Ask your child to weigh out the flour and fold this into the mixture.
6. Next you can help your child measure the vanilla extract and milk. Allow your child to pour the ingredients out as independently as possible and mix into the mixture.
7. Set out 7 bowls and ask your child to take 2 spoons of the mixture to place in each of the bowls. Split what is left between the bowls so the mixture is evenly split.
8. Your child can then add in a few drops of food colouring into the mixtures (some colours you will need to mix to create colours such as purple). Your child can mix the food colouring into the mixtures until they change colour.
9. In each of the cupcake cases help your child to add one teaspoon of each mixture starting with the inside colour of the rainbow. Ask your child to find each colour throughout this, supporting them with identifying different colours where needed.
10. Explain to your child that these now need to go into the oven to bake. Place them in the oven for 15-20 minutes.
11. Take out of the oven once cooked and allow to cool before enjoying one.

This activity covers different areas of learning and development including communication and language, maths, shape and size.

It provides a great opportunity to talk about the process of creating something, in this case cupcakes, and helps your child to understand how raw ingredients can be used to create something else.