

Week 2 of 4 Menu

Breakfast

- M Healthy cereal with milk and fresh fruit
- T Healthy cereal with milk and fresh fruit
- W Healthy cereal with milk and fresh fruit
- T Healthy cereal with milk and fresh fruit
- F Healthy cereal with milk and fresh fruit

Please advise your Nursery Manager if your child has any allergies or intolerances. Whilst we make every effort to control cross-contamination our ingredients and dishes are prepared in environments where allergens are present. We cannot therefore guarantee that any item on our menu is allergen-free.

All the eggs we serve are free range.

Lunch

- M Wholemeal pizza
Semolina and blackberry compot
- T Spaghetti with minced chicken
Fruit cocktail and ice cream
- W Roast chicken, potatoes, seasonal vegetables and gravy
Melon
- T Macaroni cheese
Apricots and cream
- F Fish fingers, new potatoes and baked beans
Fruit sorbet

Snacks

- M Crackers
Vegetable sticks
- T Tomatoes
Breadsticks
- W Celery
Crackers
- T Rice cakes
Fresh fruit
- F Carrot sticks
Pitta bread

Dinner

- M Vegetable and bean chilli
Yoghurt
- T Jacket potato with cheese and beans
Banana cake
- W Mexican bean and cheese wrap
Summer fruits and yoghurt
- T Vegetable and mixed bean pasta
Lemon sponge
- F Picnic tea
Sugar free flapjack

